



## ***Using Counseling and the Working Alliance between Counselor and Consumer to Increase Opportunities for Competitive, Integrated Employment for Students and Youth with Disabilities***

### **What is the level of evidence?**

This practice was identified by Rehabilitation Research & Training Center on Evidence-Based Practices for Vocational Rehabilitation (RRTC -EBP VR), and has been labeled by NTACT as a Research-Based Practice (see the attached Effective Practices matrix. *More information on NTACT's process for identifying effective practices is available here: [NTACT's Effective Practices](#).*

### **What is the practice?**

The working alliance between vocational rehabilitation counselor and consumer, focuses on professionalism. Client-centered services which incorporate the holistic view of consumers into rehabilitation planning, rather than limiting consumers to a tightly focused view of functional abilities and mechanical job placement are characteristic of this aspect of counseling, in contrast to case management.

### **Where is the best place to find out how to do this practice?**

Resources will be available on steps to implement this practice at <http://research2vrpractice.org/evidence-based-practice/>.

### **How does this practice relate to Common Core Standards?**

- Broad standard from [www.corestandards.org](http://www.corestandards.org) ELA or Math (subject, Grade \_\_\_\_ or High School)
  - Specific standard from [www.corestandards.org](http://www.corestandards.org)
- List as many relevant standards needed

*If a standard does not relate, delete this section of the Practice Description*

## References used to establish this evidence base:

Full citation for each article used to identify this practice as promising, research-based, or evidence-based from center column of table

*After finalizing disclaimer below – save file as “PD\_VR\_(abbreviated practice name, e.g., IAC, counseling, supported)\_2015”*

*Place the following disclaimer (and please change the title at the end of the disclaimer to “Using \_\_\_\_\_ Practice Description” @ bottom of final page of PD (or as footer on 2<sup>nd</sup> page only, if PD only 2 pages):*

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This resource was developed using information from the RRTC – EBP VR.

